

Lab Materials for Students. Instructions for use. Go to Personal Web page for further instructions.

Don't eat/drink/smoke/brush teeth 10 minutes before/after each dose

Contact Lise for special instructions if no box is checked here.

___ Split Dose: 2 Days only:

1. Take 4 pills 4 times a day for **DAY 1**.
Let the tablet dissolve under the tongue
2. Dissolve 4 pillules in 1/2 glass of water.
Sip 1/4 of mixture 4 times during **DAY 2**

Contact Lise in 2 weeks *quick call*. 386 872 7599

___ Daily Dose:

1. Take 2 pillules
___ times a day for up to ___ days
Let the tablet dissolve under the tongue

STOP & GET IN TOUCH ON IMPROVEMENT

386 872 7599 or lise@lisebattaglia.com

___ Weekly Dose: _____

1. Take 4 pillules once a week for ___ weeks
Let the tablet dissolve under the tongue

Follow up appointment in 4 weeks

Book online: www.meetme.so/lisebattaglia

Select: 30 min therapeutic focus.

___ Detox / Cease Clearing

___ LM/Q potencies

___ HP Program

*Check personal Webpage
and Instructions from Lise*

___ Plussing : _____

1. Dissolve 5 pills in 4 oz water bottle with cap.
2. Holding it upright, strike bottle firmly 10 times against telephone book. (or something similar). Repeat before each dose. Pour mixture into the cap. Drink, swishing around in mouth before swallowing.
3. Repeat up to 6 times in one day.

Stop with improvement or after 2 days an no change. 386 872 7599 or lise@lisebattaglia.com

Bach Flower Personal Formula

arrives as a one ounce amber colored dropper bottle

1. Take 4 drops—4 times a day MINIMUM
2. Be sure to take upon waking and before sleep
3. **Take as frequently as you like.** The more you take the more accelerated the emotional reharmonization.
4. **The formula should last about 3 weeks.**
5. **For further information download the**

FAQ's for Bach Flower Therapy at: <http://homeopathyhealingarts.com/wp-content/uploads/2013/12/FAQs-Bach-Flower-Remedy-Instructions-final.pdf>

